



ANTWERP INTERNATIONAL TOURNAMENT

AUGUST 14 - 18





THE HOST: ELITE ACADEMY

The Elite Academy is a basketball program for players between 10-20 years old. Our focus is on individual improvement to help players develop as a player, an athlete and as a young adult. The program is centered about giving players all the tools they need for individual development. We try to create an enriching experience to their childhood that goes beyond basketball with our positive and encouraging team culture.

Winning games as team is an outcome for us, not our main goal.

We join multiple international tournaments every year. Now together with the KDG school we intend our own tournament.

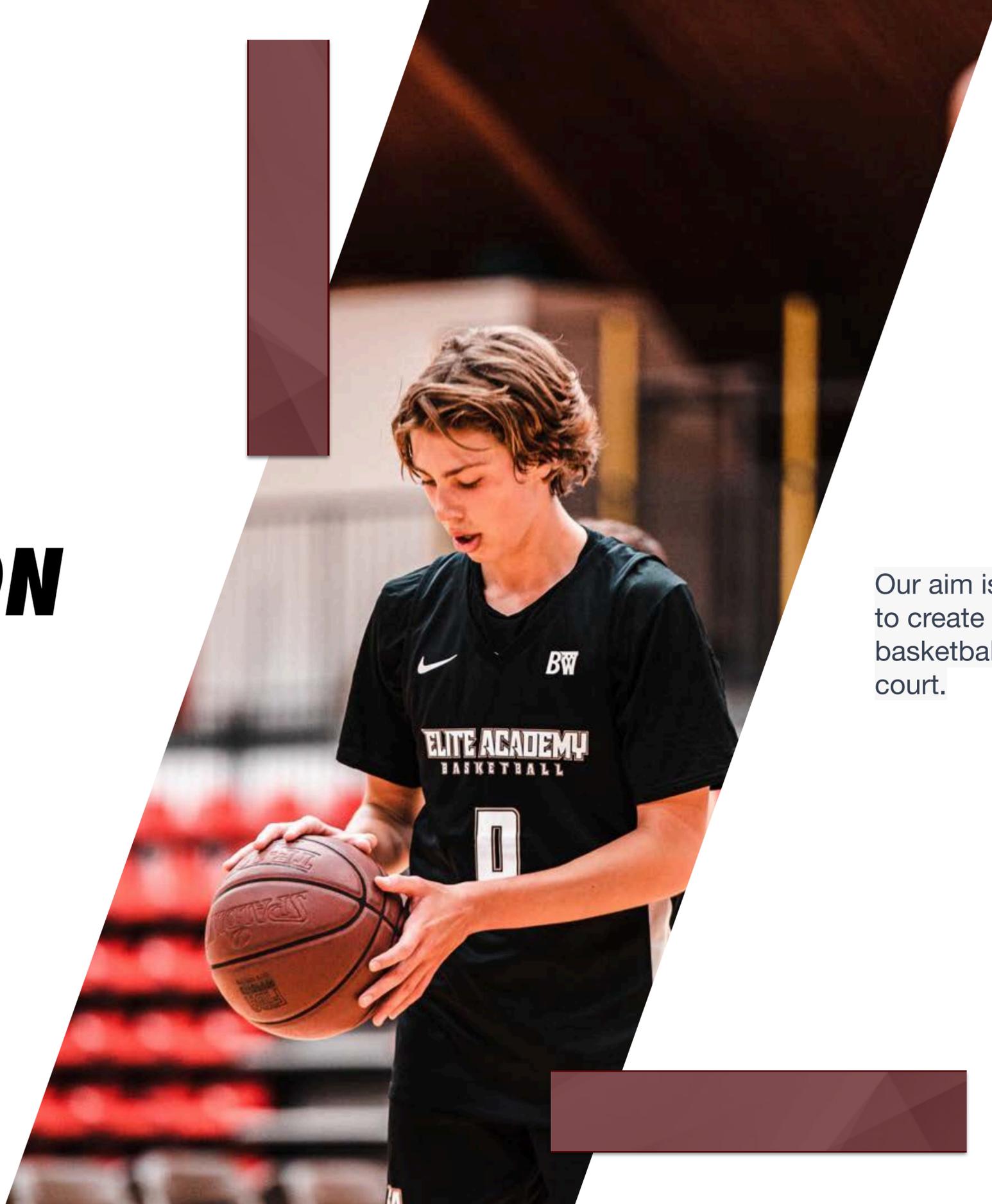
#TRUSTTHEPROCESS



ELITEACADEMYANTWERP



OUR MISSION



Our aim is not just to host a basketball tournament, but to create a holistic experience that seamlessly blends basketball and cultural elements, both on and off the court.

#MORETHANBASKETBALL



THE CITY

Antwerp, the second largest city in Belgium, is a treasure trove of history, culture, and fashion. It boasts a wealth of renowned attractions, including a vibrant fashion scene, world-renowned diamond industry, delicious chocolate, traditional waffles, fries and an abundance of art and cultural institutions.

Access to the city is effortless, whether it be by train, car, or air via the nearby Brussels Airport, and once you arrive, the compact city center is easily navigable on foot, allowing you to explore all the sights and sounds of this wonderful city at a leisurely pace. Whether you're a first-time visitor or a seasoned traveler, Antwerp is sure to captivate you with its charm and allure.



AGE CATEGORIES ♂

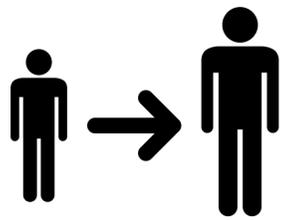
The tournament will be for boys and there will be 4 different age categories. We're aiming on having 40 teams in total. Each age category will be divided in 2 groups of 5 teams.

U14 boys - born in 2010 or later

U16 boys - born in 2008 or later

U18 boys - born in 2006 or later

U22 boys - born in 2002 or later





LEVEL OF TEAMS

The tournament welcomes teams of all skill levels to participate. The competition promises to be diverse, with a mix of teams.



THE PLAYING GROUND



The tournament will be held at the state-of-the-art Red Vic Wilrijk Gym, located at Pachthofplein 30, 2610 Antwerpen. This basketball-specific facility boasts a high-quality hardwood floor, ensuring an exceptional playing experience for all participants.

Conveniently accessible via public transportation, and with parking available for buses and cars.





PARTICIPATION FEE

The registration fee covers the cost for gym rent, referees, table officials, staff and media crew. and needs to be paid per registration. If a teams plans to play in two different age groups, the fee will be charged per entry.

REGISTRATION FEE PER TEAM €350



REGISTRATION

INTERNATIONAL TEAMS vs. TEAMS OUT OF BELGIUM

International teams have the opportunity to secure their spot in the tournament by registering on a first-come, first-served basis until June 1st. After this date, any remaining spots will be made available to teams from Belgium to register. This will ensure fair and equal opportunity for all teams, both international and domestic, to participate in the tournament.

All teams can register through our website: <https://eliteacademy.be/2023/02/05/antwerp-international-tournament/>



THE SCHEDULE



AUGUST 14 - 18

TUESDAY :

Arrival

Check in at the tournament office at Red Vic between 10:00 - 15:30

Receive final info about the tournament

Opening ceremony starts at 16:00

First games of the tournament start at 16:30

WEDNESDAY :

Group games: 1-2 games for each team

THURSDAY :

Group games: 1-2 games for each team

FRIDAY :

Teams that finish 1st or 2nd go to the 1/2 final.

Teams that didn't finish 1st or 2nd will play 1 extra game for place 5-10.

SATURDAY :

The Finals will take place in the morning and games for 3rd and 4th spot

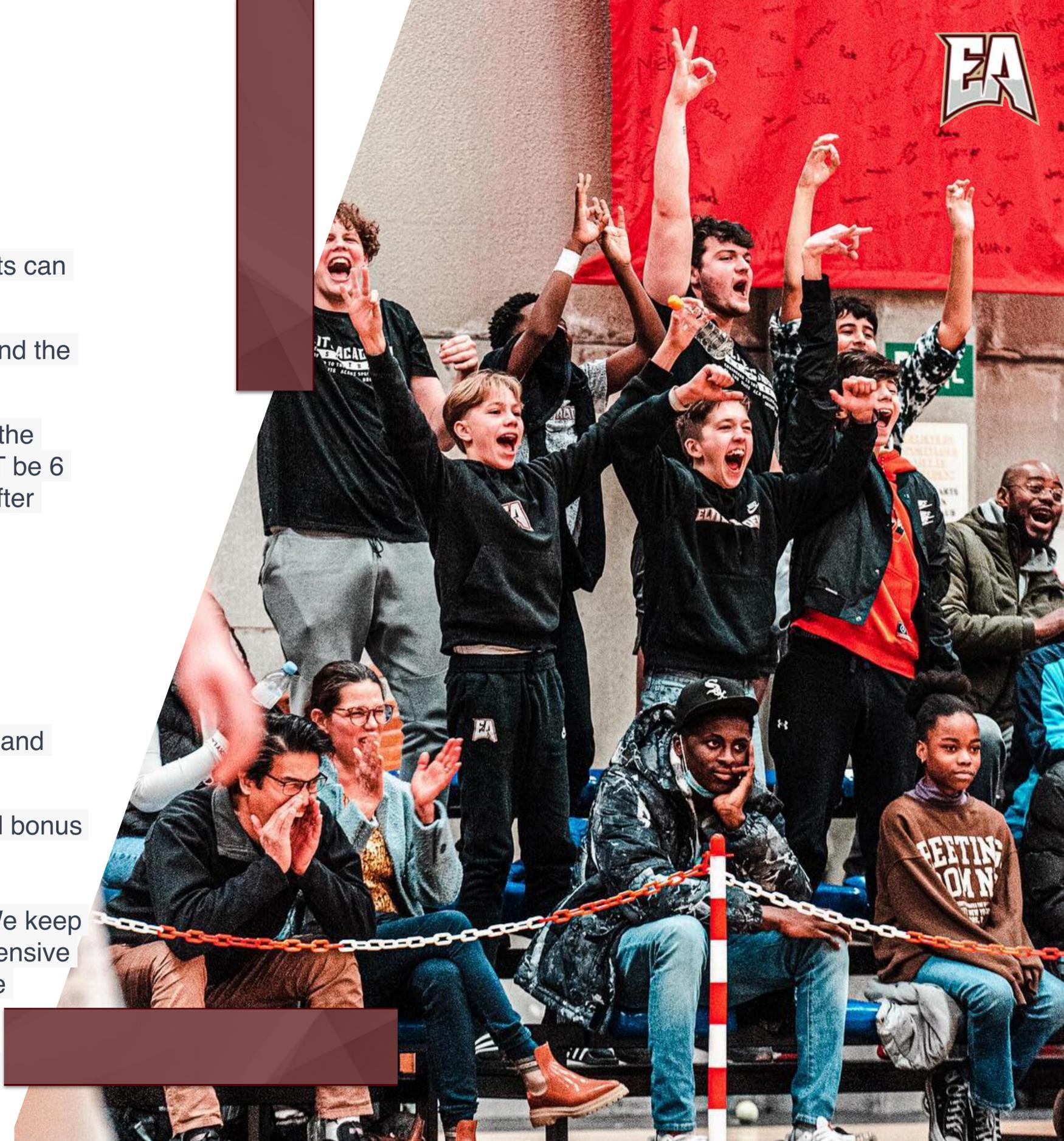
Check-out

The tournament is finished around 12:50 (finals U22).



GAME RULES

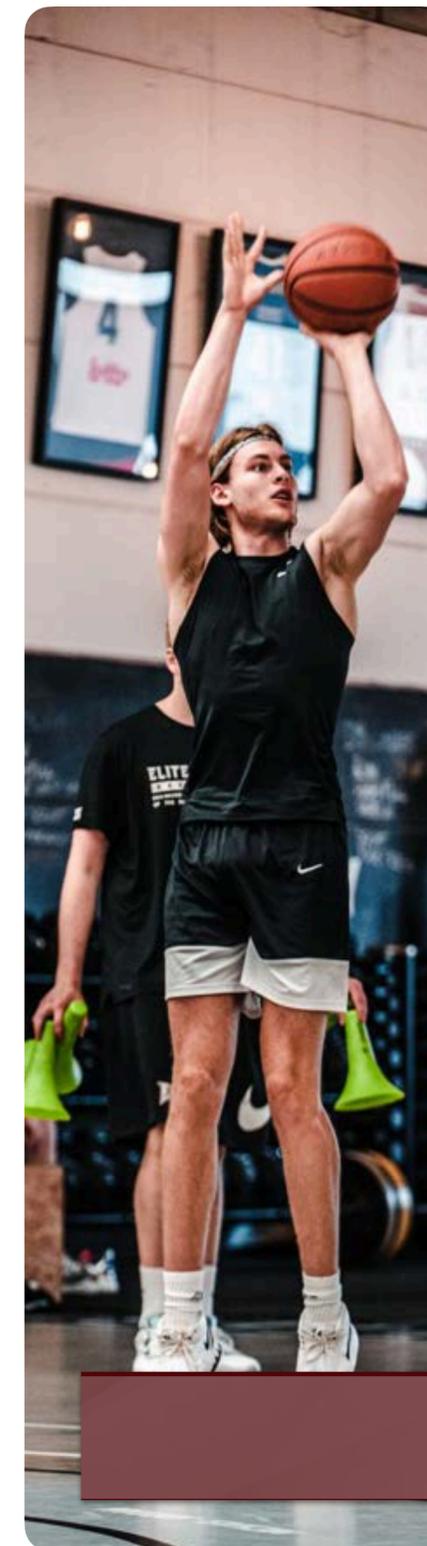
- Game clock: 1x 40min running clock (no half-time / no switching baskets)
- Between games there is a 10min warmup period
- All games are started and ended from 1 central clock, displayed so that both courts can see the clock.
- Each team is allowed only 1 time-out, during the time-out the clock doesn't stop and the time-out can't be taken in the last 3 minutes of the game.*
- Substitutions can be made at every moment during the game. Give a high-five to the player who needs to wait out of bounds, next to the bench. There can at NO POINT be 6 players on the court. If there are 6 players on the court, the team gets 1 warning. After that, a technical foul will be given to the bench.
- No free throws are given.
- For every foul, the offensive team is awarded 1 point and possession.
- For an offensive foul, the defensive team is awarded 1 point.
- For an unsportsmanlike foul or a technical foul, the opponent is awarded 2 points and possession.
- If a foul is committed on a made basket, the scoring team is awarded an additional bonus point. The defensive team then receives the ball out on the baseline.
- When the game finishes in a tie, there will be a "golden goal" or "game winner". We keep playing until one of the teams score. If a defensive foul is made in overtime, the offensive player will shoot 1 free throw: if he scores, the game is over. If he misses, the game continues until there is a score.
- *On the final day, there will be 2 time-outs per team and stopped clock in the last 3 minutes.





BUDGET LODGING OPTIONS

Please note that accommodation is not included in the tournament registration fee. The teams are responsible for arranging their own accommodations. However, we will provide a comprehensive list of lodging options that cater to a range of budgets and locations. Whether you are looking for budget-friendly options or prefer to stay in the heart of the city, we will have suggestions to meet your needs and make your stay in Antwerp as comfortable and enjoyable as possible.





BUDGET LODGING



THE ASH

The ASH is located in the center of Antwerp, 1 km from Antwerp Central Train Station. The ASH features free Wi-Fi, a private garden and a shared kitchen. You can relax in a recreation room and a library. Rooms at The ASH are soundproofed and have a private or shared bathroom. Enjoy a cup of coffee or tea. Furthermore, you can play billiards or table football here.

The hostel is 400 metres from De Keyserlei shopping street and a 15-minute walk (2 km) from Antwerp's Grote Markt, City Hall and Our Lady's Cathedral.

18-bed dorm / 16-bed dorm / 6-bed dorm / 3-bed dorm
Twin/double room (towels included)

They can offer 204 players a place to sleep



Price a night / person : €30-€35 a night



Breakfast is included



Website & booking link :

<https://www.ash-antwerp.com/>





BUDGET LODGING

YUST ANTWERP

Yust Antwerp is a 15-minute walk from the railway station in Berchem. Here you can also take the tram or metro to move around the city.

Bed linen is included, towels NOT

Wi-Fi available



Price a night / person : €25-€35



Breakfast is included



Website & booking link :

<https://www.yust.com/>





BUDGET LODGING

BOOMERANG HOSTEL

Boomerang Antwerp offers an accommodation with a bar, a shared lounge and a garden. The accommodation is 1.8 km from Astrid Square, 1.7 km from Antwerp Zoo and 1.7 km from Antwerp Central Station. The accommodation features an entertainment team and free Wi-Fi.

Some rooms also have a kitchen with a microwave and a fridge.

Popular attractions near Boomerang Antwerp include De Keyserlei, Rubenshuis and Groenplaats Antwerp. Bed linen is included, towels NOT

Wi-Fi available

Total beds available = 80



Price a night / person : €30-35



Breakfast is included



Website & booking link :

<http://www.boomeranghostelantwerp.be/>





BUDGET LODGING

PULCINELLA HOSTEL

Antwerp Central Hostel or Pulcinella is a very modern hostel right in the center of the city. Perfect spot to do everything by food and close to the spot where we take the metro to the playing ground.



Price a night / person : 31€-36€



Breakfast is included



Website & booking link :

<https://www.jeugdherbergen.be/nl/antwerpen>





BUDGET LODGING

ANTWERP CITY HOSTEL

The Antwerp City Hostel is located right in the center of the city. With a view over one of the famous squares in Antwerp. 3min walking distance to the metro to the playground.



Price a night / person : €30-€35 a night



Breakfast is included



Website & booking link :

<http://antwerpcityhostel.be/>



BEST WAYS TO GET TO ANTWERP

There are a few different ways to get to Antwerp, depending on your location and desired mode of transportation. Some options include:

- **Flying:** There is an airport in Antwerp called Deurne Airport (ANR), which offers a limited number of flights to destinations within Europe. Alternatively, you can fly into Brussels Airport (BRU) and then take a train to Antwerp.
- **Train:** Antwerp has a main railway station called Antwerpen-Centraal, which is a hub for both national and international trains. There are direct trains to Antwerp from major cities in Belgium as well as other European cities like Amsterdam, Paris, and London.
- **Bus:** There are several long-distance bus companies that operate routes to Antwerp.
- **Car:** Antwerp can be reached by car via the E19 motorway from Brussels, the E34 motorway from Ghent, and the A12 motorway from The Netherlands.





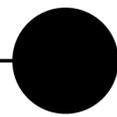
TRANSPORTATION TO THE PLAYING GROUND

The most convenient way to get to the Red Vic gym, where the games are taking place, from the city center, is by taking bus number 22. The bus makes a stop right in front of the gym, you can get up the bus at the Groenplaats square.



Groenplaats

30 min - 23 stops



Red Vic Wilrijk





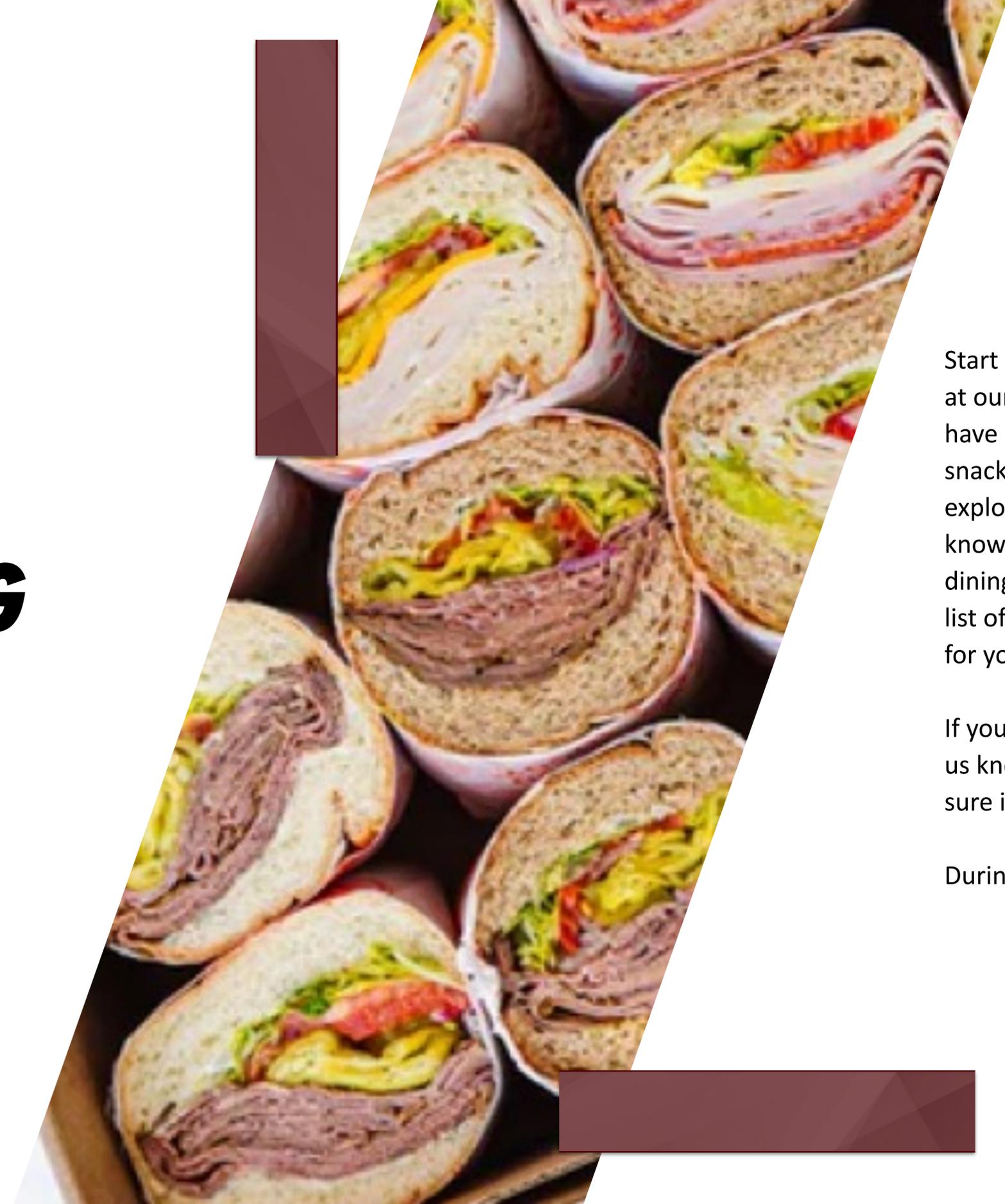
TRANSPORTATION PASS

For the teams who would will need to use public transportation. We can provide a pass so you can use this during the whole week and get on every buss, metro or tram in the city.

Cost of a week transportation pass / person = 17€



CATERING

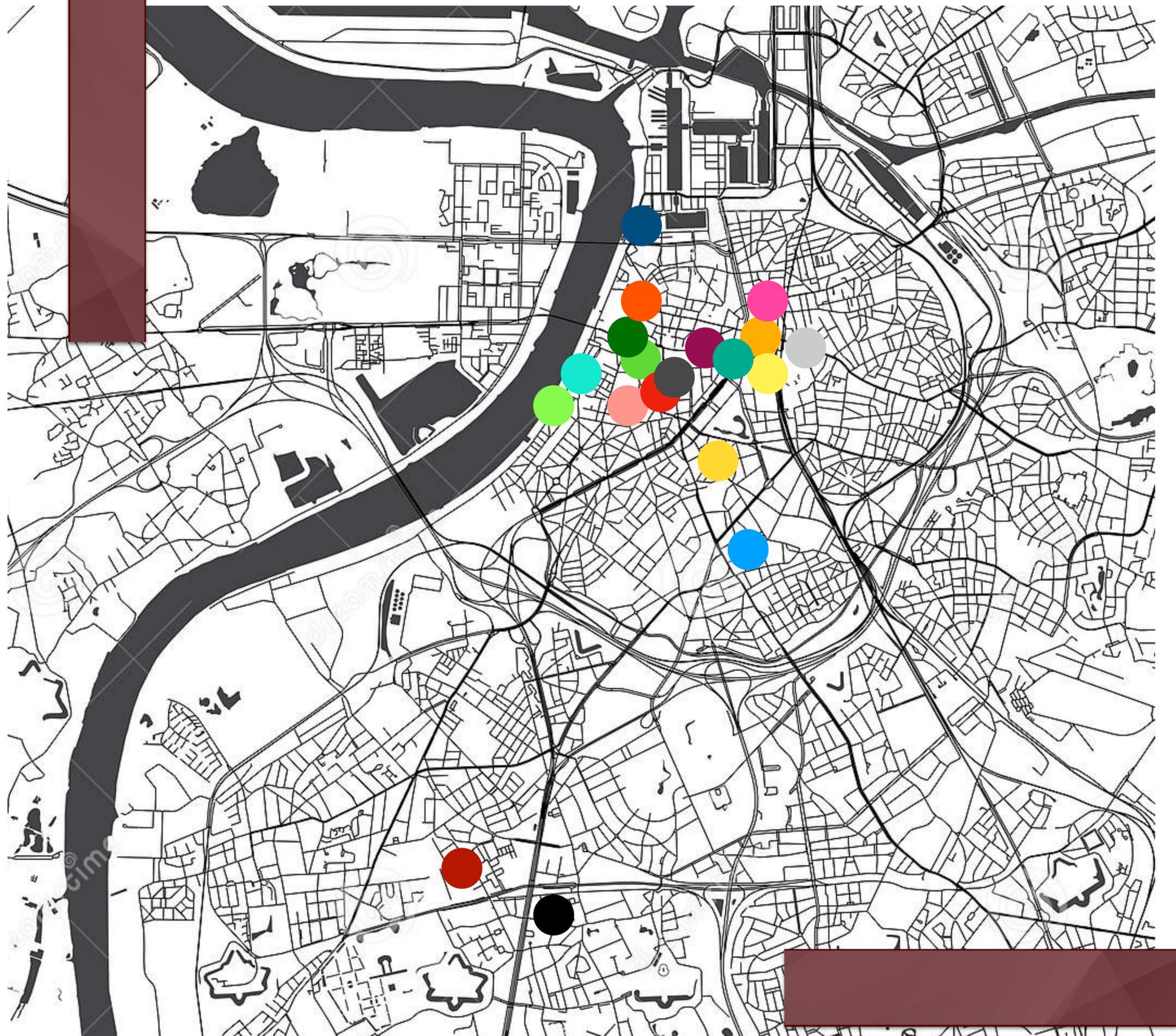


Start your day off right with a complimentary breakfast at our recommended hotels. During the game, we'll have a variety of affordable, healthy meal options and snacks available for purchase on-site. In the evening, explore the culinary delights of Antwerp's city center, known for its diverse range of restaurants. To make your dining experience more budget-friendly, we'll provide a list of our top recommended, team-friendly restaurants for you to choose from.

If you want us to provide catering for lunch. You can let us know minimum 24 hours up front and we will make sure it's ready for your team.

During the opening ceremony there will be food trucks.





ANTWERP CITY

-  **THE PLAYGROUND: RED VIC** 
-  **CENTRAL TRAIN STATION** 
-  **BUS 22 STATION TO THE PLAYGROUND** 
-  **THE ASH HOSTEL** 
-  **YUST ANTWERP HOSTEL** 
-  **ANTWERP CITY HOSTEL** 
-  **BOOMERANG HOSTEL** 
-  **PULCINELLA HOSTEL** 
-  **BOUNCEWEAR BASKETBALL STORE** 
-  **SINT-JANSVLIET OUTSIDE BASKETBALL COURT** 
-  **DE MEIR SHOPPING STREET** 
-  **DE KAAIEN** 
-  **CHOCOLATE NATION MUSEUM** 
-  **UGC CINEMA'S** 
-  **ANTWERP ZOO** 
-  **ESCAPE ROOM** 
-  **DA GIOVANNI PIZZA RESTAURANT** 
-  **CHIPS BELGIAN FRIES RESTAURANT** 
-  **DESIREE DE LILLE WAFFLE RESTAURANT** 



WHAT TO DO IN ANTWERP

To enhance your team bonding experience, we have compiled a list of our top recommendations for fun activities to do in Antwerp when you're not on the court. These suggestions are tailored to provide a diverse and memorable experience for your team.

#MORETHANBASKETBALL



VISIT BOUNCEWEAR BELGIUM'S BIGGEST BASKETBALL STORE

Visit the biggest basketball store in Belgium. The Bouncewear store is located at only 3 minutes walking distance from the Red Vic gym where all tournament games will be played.



Boomsesteenweg 243, 2610 Antwerpen



BW





PLAY BALL ON ANTWERP'S MOST FAMOUS COURT

Sint-Jansvliet is the top court in Antwerp. Located in center of the city, and the place to be for pickup games in the center.



Sint-Jansvliet Antwerp



VISIT "DE MEIR" SHOPPING STREET

It is a must-visit destination. It is considered to be one of the main shopping areas in the city, and is lined with a variety of stores and shops selling a wide range of goods, including clothing, footwear, jewelry, electronics, and more. The Meir is also home to several department stores, including H&M, Zara, Nike and Primark. The Meir also has a lot of fashion shops selling well-known brands of clothes.

The street is well-known for its high-end luxury boutiques, jewelry shops, and designer fashion brands.



De Meir





VISIT THE HISTORIC CITY CENTER

Visiting the historic city center: Antwerp has a rich history and a beautiful old town. Visitors can explore the medieval streets and see landmarks such as the Grote Markt, the Cathedral of Our Lady, and the Rubenshuis (the former home and studio of Peter Paul Rubens).



Grote Markt



CHILL AT "DE KAAIEN" NEXT TO THE WATER

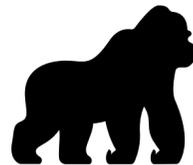
The "de Kaaien" (the Quays) in Antwerp can be a great spot to visit. The quays is a popular place to visit due to its beautiful scenery, with its charming cobbled streets, picturesque canals, and colorful facades. They are a great place to take a walk, take pictures and enjoy the city's lovely waterfront.



De Kaaien



VISIT THE ZOO IN THE CITY CENTER



The Antwerp Zoo, is a zoological garden located in the city of Antwerp, Belgium. It was founded in 1843 and is one of the oldest zoos in the world. The zoo is home to over 7,000 animals representing around 950 species, making it one of the most diverse collections of animals in the world.

The zoo is divided into several different themed areas, including the African Savannah, the Rainforest, and the Arctic. Visitors can also explore an aquarium, a butterfly garden, and a bird park.

Some of the highlights of the zoo include the chimpanzees, the elephants, the lions, the gorillas and many more. Also the zoo is known for its program of breeding endangered species, it has contributed to the survival of many species, such as the European bison, the southern white rhinoceros, and the okapi.



Koningin Astridplein 20





VISIT UGC CINEMA

UGC cinemas in Antwerp offer a comfortable and enjoyable movie-going experience, with a variety of films and amenities. With its great facilities, excellent service and diverse program, it is a great place to enjoy a night out at the movies. Note that movies in Belgium are not dubbed so the movies will be in their original language.



Van Ertbornstraat 17



BIKE AROUND THE CITY

The Velo bikes are fast and handy. Register for a day or week pass. To travel smoothly through the city, rent a shared bike. Download Our Official App. Move Fast Through Antwerp. The City's Handy Bike. We can give you a discount through EA.



Velo Antwerpen





**VISIT
AN ESCAPE
ROOM WITH
THE TEAM**



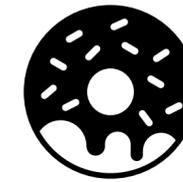
DE KRAAKFABRIEK
ESCAPE GAMES

Experience the ultimate escape room challenge at De Kraakfabriek, the top-rated escape room in Antwerp.



Tavernierkaai 5





VISIT THE CHOCOLATE NATION MUSEUM

The Chocolate Nation Museum is a chocolate-themed museum located in Antwerp, Belgium. It is dedicated to the history and production of chocolate, and aims to educate visitors about the cultural and historical significance of chocolate in Belgian society.

The museum offers a variety of interactive exhibits and displays that take visitors on a journey through the history of chocolate and its production, from the early civilizations that first cultivated cocoa, to the rise of chocolate as a luxury product in Europe, and the contemporary chocolate industry.



Koningin Astridplein 7



TASTE OUR FAMOUS BELGIAN FRIES



Belgium fries, also known as Belgian fries, Belgian frites, or simply frites, are a type of french fries that originated in Belgium. They are made from potatoes that are cut into long, thin strips and then fried in oil. They are typically served with a variety of sauces, such as mayonnaise, ketchup, andalouse, andalouse or béarnaise sauce.

Belgium fries are considered a national dish in Belgium and can be found at "Frituur" stands, which are often found on street corners and in market squares, and also in most cafes and restaurants. They can also be found in street vendors carts, usually served with a variety of sauces.

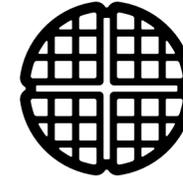


Chips : Sint-Antoniussstraat 35



Nr 1 in Antwerp!





TASTE OUR FAMOUS BELGIAN WAFFLE

Belgian waffles are a beloved and iconic food in Belgium, known for its crispy texture and deep pockets, and can be enjoyed in a variety of sweet toppings. They are a must-try for visitors to Belgium and the waffles' popularity has spread worldwide.

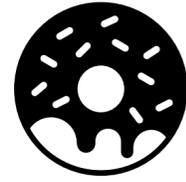


Desire de Lille - Schrijnwerkersstraat 14



Nr 1 in Antwerp!





TASTE OUR FAMOUS BELGIAN CHOCOLATE

Belgian chocolate is considered to be some of the finest chocolate in the world. It is known for its rich taste and high-quality ingredients. Belgian chocolate is made from cocoa beans sourced from all over the world, and it is often made with a higher percentage of cocoa solids than other types of chocolate. This gives Belgian chocolate its distinct, intense flavor.

Belgian chocolatiers are renowned for their craftsmanship and attention to detail, and many of them have been making chocolate for generations. They offer a wide range of chocolate products, from traditional pralines to more modern and creative creations.

Belgium is also famous for its chocolate shops, where you can find a wide selection of chocolate products. Some of the most famous chocolate shops in Belgium are Godiva, Leonidas, Neuhaus, and Guylian.

In addition to eating chocolate, visitors to Belgium can also visit chocolate museums and take chocolate-making classes to learn more about this sweet treat and the art of chocolate making.



***It's worth noting that Antwerp has a lot of
chocolatiers and chocolate shops***





EAT PIZZA AT DA GIOVANNI

Crazy about Italian cuisine with its typical pasta and pizza? In Antwerp, Da Giovanni is waiting for you: enthusiastic waiters, a southern setting, and authentic Italian dishes. Perfect for starting an evening with the team. Prices are very budget friendly.



Jan blomstraat 8, 2000 Antwerpen





AMADEUS THE PLACE FOR RIBS

Amadeus is a restaurant in Antwerp, Belgium that is known for its ribs. The restaurant is considered to be one of the most famous places for ribs in Antwerp, and it has a good reputation among locals and tourists. The menu is mostly focused on ribs, but also has other meat and fish options. They are said to be cooked to perfection and served with a variety of dipping sauces.



Suikerrui 7



TASTE OUR FAMOUS BELGIAN DISHERS AT "DE BOMMA"



Belgium fries, also known as Belgian fries, Belgian frites, or simply frites, are a type of french fries that originated in Belgium. They are made from potatoes that are cut into long, thin strips and then fried in oil. They are typically served with a variety of sauces, such as mayonnaise, ketchup, andalouse, andalouse or béarnaise sauce.

Dine at Restaurant De Bomma and enjoy a simple, pleasurable cuisine with a touch of nostalgia. Here you can savor traditional Flemish dishes.



Willem Ogierplaats 3





CONTACT INFO

Website

<https://eliteacademy.be/2023/02/05/antwerp-international-tournament/>

Email

joerik.michiels@eliteathletes.be

